

SIERRA POLKA (Continued)

3. Couple in open position with the M to the L and in back of the W execute heel toe polka step. (The W on the step moves from the R side of the M to the L side on the heel-toe polka step.)
 - B. In La Varsouviana position, couple polkas forward 7 steps. On the 8th polka, the W turns to face the M.
4. In ballroom position, couple do heel-toe polka step forward and reverse. Repeat.
 - B. Slide forward four steps, on the fifth step, the M shifts to move on the outside as the couple continues to slide forward. Continuing, the couple take two polka steps in a clockwise direction, and end with 4 pivot steps in place.
5. In ballroom position, couple do heel-toe forward and reverse.
 - B. In ballroom position revolve clockwise around the room in seven polka steps ending with three steps in place.
6. In open position, couple execute heel-toe polka step forward and reverse changing hands at the end of each heel-toe polka step.
 - B. With M holding W inside hand, W revolves clockwise as M polkas beside her. W takes 7 polka steps ending with three steps in place.

Repeat all of above.

PHILIPPINE CHOTIS

Music: Dances of the Philippines - Reyes-Tolentino
Formation: Couples in ordinary dance position facing forward.

1. In ordinary dance position, M slides L foot forward and back to R. Repeat. W does same on opposite foot (R). With three walking steps (M--L, R, L and W--R, L, R) and a pause, dancers wheel clockwise in place but continue to face forward. M is on the outside, W is on inside. Repeat with M starting sliding R foot fwd, and W L foot. Couple again wheel clockwise in place with M on inside, W on outside. Continue for 8 measures in all.
2. With W hands on skirt, and M hands on hips, dancers take 3 gallop steps and a pause moving to own R. Repeat moving back to partner. In ordinary dance position turn in three step-hops and hold. Repeat above figure 8 measures in all.
3. Repeat native Chotis as noted above in figure 1.
4. In ordinary dance position take 16 step-hops moving forward around the room while turning clockwise.

*incorrect -
look at
1952 syllabus*